

**30 NGÀY**  
CÙNG CON HỌC HIỂU VỀ  
**CHỖNG XÂM HẠI**

30 ngày cùng con học hiểu về chống xâm hại – Biên soạn: Hoàng Anh Tú; Minh họa: Đậu Quyên

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### **Biên mục trên xuất bản phẩm của Thư viện Quốc gia Việt Nam**

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# 30 NGÀY

CÙNG CON HỌC HIỂU VỀ

## >>>>> CHỐNG XÂM HẠI >>>>>

(In lần thứ 4)




PHẠO XUAẤT BAÙN THEÁ GIÒÙI





## How to use this book

- This book is for children aged 5 to 15.
  - Parents and educators can participate in the reading progress in order to: give immediate explanation to your children about the information that they are unclear of; exchange ideas, talk to your children and listen to their thoughts about the situations and topics throughout the book.
  - Particularly, with this book's useful content, parents and educators can become experts and help children perceive the information given and use it effectively.
  - In this book, we use the word "parents". However, it is also highly recommended for children's caregivers and legal rights protectors, or in other words guardians.
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## THIS BOOK INCLUDES THREE PARTS

- Part 1: MOM AND DAD, WHAT IS "ABUSE"?
- Part 2: 30 DAYS WITH YOUR CHILDREN
- Part 3: FOR PARENTS

Part 1:  
MOM AND DAD, WHAT IS "ABUSE"?



Saying bad words



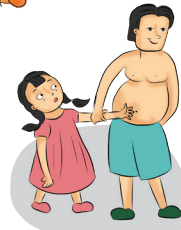
Bad teasing



Showing children  
pornographic  
materials



Touching children's  
inappropriate body  
parts



Forcing  
children to  
touch



Invading children's  
privacy



Hitting children



Luring children



Neglecting children's need for healthy  
food and drink, adequate personal  
hygiene and clothes that are appropriate



Exploiting children



Not spending enough  
time listening to children



Ignore children's needs for  
attention, affection and  
emotional support



Forcing children to work too  
much, results in no time for  
studying or playing



Public punishing



Not providing needed  
treatment



Not providing schooling or  
appropriate education



Not supervising  
children



If you encounter the following behavior of others, please leave the situation immediately and tell your parents!

The circled areas in the pictures are your private parts.



Nobody has the right to have inappropriate look at them, unless they are doctors and it must be under your parents' supervision.



Nobody has the right to intentionally show their genitals in front of you.



Nobody has the right to look at your genital.



Nobody has the right to show you pornographic materials.



### FOR PARENTS AND EDUCATORS:

Please give other examples and explain to your kids about the difference between "unintentional" and "intentional", and unavoided situations, for instance when parents need to check children's private body parts for health issues... Praise your kids if they asks questions or has positive reactions.



The following way of communicating are considered “communicate warning”, when you encounter these situations, leave immediately and tell your teachers and parents.

Talk or give comments about your private body parts, even give comments or exclamation such as “Your butt is nice!”



Tell you age-inappropriate stories



Laugh at and point at your private body parts



You do not need to listen to any issues about others’ genitals



Only bad adults show you pornographic articles, pictures or films. Do not listen to them talking about that or watch anything like that.



With people who say bad words like this, please stay away from them as they are “bad adults”



FOR PARENTS AND EDUCATORS:

Discuss with your kids about other situations that can happen and help them understand the message “Leave - tell”.





When the following things happen, run away quickly or yell loudly so that other people will come to help you.



All the touching actions above are  
NOT ALLOWED



Nobody has the right to force you to touch their genitals

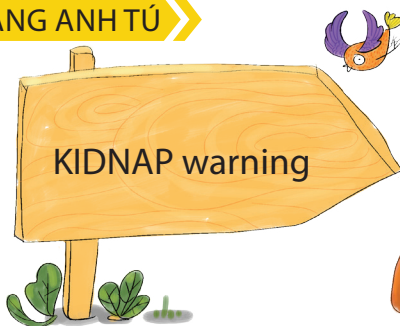


Nobody has the right to force you and your friend to touch each other's genitals. Here, both of you are being abused.



#### FOR PARENTS AND EDUCATORS:

Create different situations to help your kids learn to react when being touched. Have your kids remember the "magic spell": "Leave - tell".



Please always remember: Do not follow strangers to deserted places. Always play in the sight of parents or in crowded places. Look at the pictures and remember!



Do not follow strangers or even acquaintances without your parents' permission.



Stand up and leave. If they keep you, yell and say that: you will tell your parents if they do not open the door and let you go.



Tell other adults if you see someone lead your friends to deserted places.



Struggle, bite, pinch with your best. You are not wrong when doing these.



Do not take things strangers give you. Do not follow strangers' words. You are a nice child to your parents and when your parents are around, not to other adults when you are alone.



#### FOR PARENTS AND EDUCATORS:

Parents and educators should create situations. Such as: If a stranger lie to you that your parents tell him/her to lead you to a toy shop/restaurant, will you go with him/her? If someone call the doorbell and say that your parent tell him/her to bring stuff to you, will you open the door for them?



Hugging is wonderful, but it is just for people you love. If someone hug you in an inappropriate way, run away and tell your parents and teachers, ok!

Right hug



Wrong hug



#### FOR PARENTS AND EDUCATORS:

Parents and educators should guide children: Who has the right to hug them and who does not. What is a "right hug"? And do not forget to tell your kids: Leave - tell.